Miss Lindh proudly presents the...

## Peek at the Week

## October 30 - November 5

Hello pre-k families - Can you believe it is already November and we have been in preschool for 7 weeks?? I hope that you can already see growth and positive changes in your child even after their short time in school; I know that we can!

Upcoming Events/Important Dates - be on the look out for more information about these events soon!

- Spirit Week November 4-8
- No School Tuesday, November 5 (due to voting)
- Picture Day Tuesday, November 12
- Grownup Drop-In/Visit Day Tuesday, November 19

## This week we...

- Will continue learning about 'asking for what you need' through our SecondStep puppets (Alex & Ava)
- o Will introduce some new numeracy activities during our large group time
- Are going to learn how to "chant the chart" our alphabet chart, an early literacy tool that will also be used next year in kindergarten
- o Will be enjoying many new toys and activities in our centers

## Try it at Home:

- Encourage your child to ask for what they need in a strong and respectful voice (no whining)
- o As the weather gets colder, help your child increase his/her independence in putting on winter gear
- o Allow your child to do many things for themselves, in doing so, you help them to gain confidence in their own abilities and increase their self-worth.
- Discourage "I can't" and help your child replace it with "I can't yet", or "I'll try", reminding them that they are still learning and it may take some time to become experts at the things they need/want to do

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